

# Layla Maeve Tripod

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TRAINING: Specializing in lyra, proficiency in tissu, aerial loops, hammock and contortion

- ❖ Aerial Acrobatics training:
  - Tissu- Anastasia Sauvage and Thai Lam, San Francisco, CA 2016-2018
  - Lyra- Elena Panova, Chloe Axelrod and Stephanie Bailey from 2018-present
  - Irish Aerial Dance Festival 2019 in Letterkenny, Ireland with Rachel Strickland (lyra) and Aaron Koz (aerial straps)
  - Bliss Circus Aerial Hoop Intensive with Aisling Cheallaigh
- ❖ Ground Skill training:
  - Contortion- Serchmaa Byamba at Mongolian Contortion Center, San Francisco, California 2018- present
  - Dance- Ballet, Modern and Jazz Disciplines at Spotlight Arts Academy, under Naja Gentry (2000-2011)
  - National Competitive Dance Soloist and Core Member- Spotlight Arts Academy Traveling Team; Dublin, California 2006-2011

## PROFESSIONAL EXPERIENCE:

- Bliss Circus Show; Canacona, Goa, India, February 2020
  - Solo Lyra
- Tourettes Without Regrets; Oakland, California, December 2019
  - XXXmas Spectacular, Solo Lyra
- Dragon Theatre Productions; Redwood City, California
  - *Cosmos*, Solo Lyra, October 2019
  - *A Midsummer Night's Dream*, Solo Aerial Loops, August 2019
- Dream Circus Show at Circus Center; San Francisco, California, August 2019
  - Solo Aerial Loops
- San Francisco Movement Arts Festival; San Francisco, California, July 2019
  - Multiple Solo Lyra performances
- Northern Nights Music Festival; Humboldt County, California, July 2018
  - Multiple Solo Tissu and Lyra performances to to live accompaniment
- North Bay Fire Relief Benefit with Dark Sky Aerial and Aerial Marin; Mill Valley, California November 2017
  - Solo Tissu performance

**OTHER SKILLS:**

- Coaching- lyra, tissue and flexibility; Aerial Artique and San Francisco Pole and Dance, San Francisco, California, 2018-present
- Licensed Professional Hairstylist and Makeup Artist 2012-2017
- Experience in managerial and administrative work, proficiency in communications